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For the Love of Montreal

(Continued from Page 1)
by Mark Thompson

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Sinclair Terrace (Source:Sinclair Terrasse)

WHERE TO EAT:

Sinclair Terrace: One of the many joys of Old Montreal is its serene atmosphere and the sense of returning to a more leisurely pace of life. The cobblestoned streets and the clip-clopping of the horse-and-carriages that traverse the neighborhood enable one to be easily transported back into another century.

Located in the courtyard garden of Le St. Sulpice Hotel, Sinclair Terrace is a bastion of civility and a lovely refuge for a late afternoon lunch or an apéro. Beloved by locals for its seclusion and privacy in Old Montreal, this "secret garden" faces the Sulpicians' gardens, the oldest gardens in North America, and is as perfect for a rendezvous with an old friend as it is for a clandestine tryst.

In the evenings, after sunset, Sinclair Terrace flickers with candlelight amidst the murmur of conversation. Chef Stelio Perombelon has done stints at some of Montreal's best restaurants, including Les Chèvres and Toqué, and his menu encompasses regional fare and classic French cuisine made with market fresh ingredients. Dinner options include Yukon gold potato risotto, British Columbia ling cod, and Chateaubriand for two.

A fountain gurgles and ice cubes tinkle; someone laughs at a neighboring table. Convivial and charming, Sinclair Terrace reflects the joy of life in Old Montreal.

LINK: Sinclair Terrace



Oysters at Les Eclusiers par Apollo (Source:MRNY)

Les Eclusiers par Apollo: Situated on the Old Port of Montreal along the St. Lawrence River, Les Eclusiers (meaning "locks," as in water) is Chef Giovanni Apollo's homage to the gastropub spirit. Widely-celebrated and well-loved for his original eponymous restaurant in downtown Montreal, Chef Apollo offers inspired creations made from locally-sourced foods at Les Eclusiers par Apollo. In summer, the setting is sublime - and dining al fresco is a taste of la dolce vita in Old Montreal.

LINK: Les Eclusiers par Apollo

WHERE TO STAY:

Le St. Sulpice Hotel: Recently, in celebration of the hotel's 10th anniversary, Le St. Sulpice Hotel produced a 15-minute film titled "La Valise," in which four guests converge at the charming four-star boutique hotel located in Old Montreal.

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By Robert Doyle | Aug 16

Montreal's 12th annual Fashion & Design Festival was a resplendent testament to Montreal's role as the style and fashion bellwether of Canada - and a joyful reminder of fashion's fun quotient in the hands of the fierce and fabulous.



Divers/Cité Celebrates 20th Birthday in Vieux Montreal

By Mark Thompson | Aug 9

Founded in 1993 on the principles of diversity, solidarity, and openness, Divers/Cité is one of the most beloved of Montreal's forty annual festivals, a multi-day LGBT music and arts festival with more than fifty hours of free music and performance...

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Detail of suite at le St. Sulpice Hotel, Montreal (Source:Le St. Sulpice Hotel)

"We wanted to create something daring and innovative," said Alexandre Tessier, Director of Sales and Marketing. "La Valise" is but one part of Le St. Sulpice's ongoing 10th anniversary celebration, which includes a contest with a grand prize worth more than \$5,000.

Situated alongside the basilica of Notre Dame in the heart of Old Montreal, Le St. Sulpice features 108 suites, many of them with fireplaces and/or balconies. A favorite of the film industry, Le St. Sulpice cossets its guests with privacy and discretion and an extraordinary level of service that is both polished and respectful.

The expansive suites at Le St. Sulpice are evocative of urban condos, furnished with leather armchairs and upholstered sofas in warm earth tones. Ranging in size from 500 to 1500 square feet, all suites feature a living space and a separate bedroom (or two or three), with desk and fully-equipped kitchenette, including microwave and refrigerator. French windows overlook the garden courtyard or the limestone buildings of Old Montreal. Bathrooms are spacious, with deep soaking tubs and walk-in showers large enough for a ménage à trois.



Lobby at le St. Sulpice Hotel, Montreal (Source:Le St. Sulpice Hotel)

Amenities include Nespresso machines and L'Occitane toiletries, as well as luxurious bathrobes. Beds are plush and sumptuous - and perfect for coffee in bed, should your partner be persuaded. Newspapers await your perusal in an attached rack outside your door.

A breakfast buffet is served in Restaurant Sinclair. Croissants are flaky, the butter sweet, and the coffee strong. You'll want to linger.

And in truth, even when it's time, you won't want to leave Le St. Sulpice Hotel. As soon as you cross the threshold into the warm and inviting lobby, you feel as if you're home, the home you've always imagined for yourself: the one with a crackling fireplace, the scent of white lotus in the air.

It's no wonder that Le St. Sulpice is a favorite haunt of film people, as well as the characters of "La Valise."

The joy of a sojourn at Le St. Sulpice is that, at least for a while, you really are at home.

LINK:
[Le Saint Sulpice Hotel](#)
[La Valise](#)

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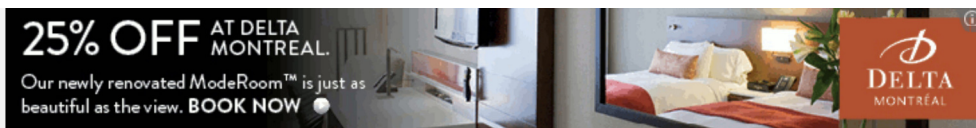
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